



Hi Doc,

I started reading your articles back in 2006, but I was young and stupid and did not buy your book until 2011. After years of failed relationships, heartbreak, wasted time, money, and emotion, I put my ego aside and realized that I needed real help.

Your book and radio shows changed my life.

I'm a fairly good looking guy. I'm confident, have a good job, am a gentleman, and have a golden retriever. But I went through life dating whoever I found attractive and happened to like me back without much thought to anything else. You showed me how I could raise my standards and what qualities I needed to find to make a lasting happy relationship.

I had confidence down, but you taught me the importance of (self) CONTROL and CHALLENGE.

Thanks to The System, I found the love of my life.

We met at the young adult group at my church. Prior to learning your System, instead of asking for her number, I would have hung out around her for a few months hoping to get a hint whether or not she liked me first before maybe asking her to "hang out." Instead, I confidently asked for her number, waited 7 days, asked her out, and won her over with charm and confidence in person on the date.

Also, before learning The System, I would have texted her in between dates.

My (now) wife says that it drove her nuts in between dates that I didn't text her, but at the same time, she loved it. She says not texting told her that I was secure in my self and that I had a life of my own. Also, it added MYSTERY. Let me be clear, I am NOT a naturally mysterious man. But

this simple bit of self-control made me seem like a mysterious man, which upped her Interest Level.

Also, she was ready to say the “L” word after about 4 months of dating, but I didn’t give in. I saved it for the day I proposed. She says that because I waited to say it at such an important time and made her wait, that made her respect me even more.

Additionally, I never pushed the physical boundaries of the relationship. We discussed our boundaries early and established that sex is for marriage. The fact that I didn’t *just say it* and had the self-CONTROL *to do it*, made her respect and love me even more.

Also, she thinks my corny jokes are hilarious. (They aren’t that funny, but she thinks they are.) Humor, as you say, is absolutely the GLUE of our relationship.

On top of all of this, she is a flexible giver. Every morning she wakes up and makes my morning cappuccino and breakfast while I get dressed for work even though she doesn’t have to get up for another 2 hours. She lets me lead and actively wants to learn more about the things I am interested in, even if it’s something she never had previous interest in, like football and baseball.

Not to mention, she is absolutely drop dead gorgeous. If we have daughters, I am going to have to keep an eye on them and train them to only date “System” guys.

Coming from a family with a strong history of divorce, I am confident in saying that I will be the one who breaks the chain. I am confident in this because of two things: my faith and the “System.”

I may have been able to find her, but I never would have been able to KEEP her without you, Jeff, and the “System.”

Once again, THANK YOU.

Spartan,

Blake

Austin, TX

Hi Doc,

This is your loyal student and aspiring Spartan Mohamed from Egypt. I must admit I memorized all the do's and don'ts my first time around reading the system, but then I decided to do as you say and read it fifteen times, and boy Doc the difference is just astounding! Even though I had all the techniques down, I realized that there's more meaning in between the lines, it's not just a bunch of do's and don'ts; it's a whole state of mind!

Going through the book again with a pen and paper, giving it all the focus I can, I saw things I never did before; The System coalesced into a style of life, not just a book about finding and keeping the right woman in love, it's about being the best you can be. The System made me grow; I'm more mature now, more patient, and more thoughtful. I'm more organized with my studies and my hobbies because that's how you taught me a respectable man should be.

Thanks to The System and the radio show my relationships with my friends, family, everyone else, and myself have taken a turn for the better. Those past couple of months, I've been reading a lot of books written by pick-up artists and practicing their techniques, and let me tell you Doc, there's more than a thousand ways to get a girl but only one way to pick and keep the right one; and that's through your teachings and your radio show.

I've just ordered Mastery I to renew my commitment and improve myself even more. As General Love says: "Drill, drill, and drill". Thank you Doc Your loyal student Mohamed

Hi Doc,

Wow, at the moment, I am in utter awe with myself. I've been a loyal student of the System for about 6 months now, and it has truly changed my life. I just finished getting off the phone with a friend of mine, (who unfortunately is not a fellow Spartan), and have truly seen through my teaching to him just how much I understand your material.

Within 2-5 minutes I was able to analyze his situation, successfully deciphering his errors. He of course being an inexperienced student began to rationalize. It is funny, without the system, men don't seem to realize just how much they rationalize. Ego is the main driver of failure for men, period. And it does not just hold water in terms of relationships - in all walks of life, the ego will dilute a man's true worth, and this my friends, is just the way it goes. My friend's situation for instance, reflects this idea perfectly.

Pretty much, he dated a girl who had just broken up with her boyfriend, only to have her leave him 3 months later. And after this all, he tries to rationalize this to me. How does this happen? The answer is the ego. It's mind boggling just how a man's cognitive process operates without this material (The System). It is almost sad in a sense - you see a friend of yours, who has a good heart with good intentions towards women, i.e. Wimpus Americanus, but who just does not understand how women operate and hence will never understand how to maintain a long lasting, healthy relationship with his future mate.

What's worse is how hurt my friend was over this, and he had only dated her for 3 months; they weren't even exclusive! Which brings me to another point - neediness = weak = lower interest level on her part. Men need to learn to be patient and not project their high interest level on to women. Instead, the key is to read each and every one of her actions and listen to every word she says, at the same time enacting the idea of challenge, because she will not lie, but most of you without the book, I am sure will not listen.

To some, it may seem that six months is too short a time to fully grasp the deep-rooted principles of the system, but like I said, I am a loyal student. I read the book every night and listen to the show each week.

Guys, consistency is key. Let me say that again - consistency is the key. Doc is not lying when he says to read the book 15-20 times.

Again, this is not an exaggeration. Ask yourself how badly you want change. Do you want to end up like my friend, who gets attached to every girl he meets and is always left wondering why she left, continually rationalizing for her low interest level and his lack of confidence, control, and challenge?

Guys, it's time to wake up. Doc put it perfectly in one of his radio shows - he's our cutman in the ring of love. He will be there for us to snap us out of it and pick us up when we fall down. But again, you need to make the choice - will you put in the time or not? This is no BS; this is a genuine letter, from a young Spartan (age 23) who has learned a wealth of information that most men will not learn in their entire lifetimes, and our friend Doc is here to help us in this very misunderstood and unaccounted area of life.

I don't know about you guys, but my father never sat me down and taught me the principles that Doc has, and for this, I am truly grateful. It just goes to show just how broken the relations between men and women actually are. These ideas simply not being preserved or passed down for others to learn. It feels good to be so young (23) and ahead of the curve in this area of life.

I am continually seeing the mistakes my friends are making with women, as well as the way women act and think, what they do and do not like and most notably, the games they play and the strategies they employ to get what they desire.

In a short time, I have learned so much, and I know that having Doc as my teacher and friend will only mean even further growth for my future years to come. I am so thankful for you Doc & Jeff; you guys have been the voice for men that has sadly been quieted over the years. I'm glad you two are uncovering and exposing the truth.

On a side note, as ridiculous as it may sound (because of brainwashing), The War on Men does in fact exist, and through Doc's teachings I've seen more and more how prevalent it is in our culture today, and just how badly it portrays men and empowers women to make unethical, irrational judgments upon us.

The point is this - in order to be successful in anything, time, patience, and dedication are required. If you want to change your life, it is time to join the fellow Spartans.

Thank you Doc, in very a short time, you have changed my life, and I know that I will only continue to reap the benefits that come with this new way of thinking. To be honest, about a year ago, my EX left me. Simply put, I was heart broken by it all, but when I found you, I knew you would help me get through it all. You have changed my life in ways that words simply cannot describe.

You are a good MAN Doc; I wish we had more role models like yourself in the world today. I can't wait until I find my Miss Right; I will treat her like the Gentleman you have taught me to be!

God Bless you!

Loyal Spartan,
Phil

Doc,

You changed my life. Entirely. But I failed you. I failed you as a student. I failed you as a man. I regret and have to honestly admit it. I couldn't or wouldn't disappear when I should have... That was the only moment during my whole adventure with women, when I didn't listen to you!

Caprice (19 y.o.) was so perfect in my eyes, I was sure, that I truly mean something to her, that she loves me so much and I can finally stop playing 'the game' and start to do what my heart whispered was right. Her IL dropped dramatically. We've been together for 18 months, it was fun, it was live, it was excellent! Without a word of either explanation/goodbye/get lost/stay, she starts to kiss and date other guy. Just like that. Treats me like as if never existed.

There's nothing I can do about it. My poor, little 'ego' is sobbing. I should have taken it aside and judge the situation dispassionately.

I should have... I should have... But I didn't! Although I am aware you told me to.

Now I suffer. Shame on me.

A bit of background. I'm 20; I study International Economics in Europe. I have a private pilot license; I'm also an ex-model with tons of hobbies, come from wealthy, very well educated and respected Family. I play tennis, am 6.13 ft high, fit, great shape and above all am a fun guy to be with! With very high self-esteem. But luckily not as high to understand where and why I failed.

Now I clearly see that the way I look, knowledge and passions I have is nothing but a useless weapon in this man vs. women battlefield. It's simply not enough to conquer woman and keep interested. This is a war Doc. Like you always say. A harsh war with no place for mercy or forgetfulness. One false move, you're a dead man!

That's the reason I write you this mail. To share a painful experience. And protect other men. Tell them once again to follow your footsteps, not mine...

At least now, thanks to the powerful System I promise to memorize and having an ally in you, I can proudly walk toward enlightenment and happiness in relationships with women. 'Never make the same mistake again'. I borrow that credo.

Apologies Doc.

Your humble student,
Mike

Hey Doc,

I've been a long time student of yours now for a little over four years. Your book still sits at my nightstand and I read a chapter every night. I thought I'd just share some quick verification of the System I've recently received that your newer students might appreciate.

I've been dating Jennifer for almost five months now. There have been no red flags whatsoever, thus far. She's what you'd call a dangerous creature (i.e. a beautiful woman that's also flexible giver.) She's basically everything you train your students to hunt for. Luckily, I was ready for her and prepared to keep her thanks to your training! She's told me NUMEROUS times that she enjoys the fact that I'm always planning unique dates.

She also reinforced this quality when she described one of the men she dated (briefly) before me. The guy would call her and very weakly ask her out with no set plans, causing her to have to decide. She admitted that shortly after meeting me, she dropped him. And Doc, I know we don't talk about sex, but let me just say that you're absolutely right about waiting as long as possible. Just last night she complimented me, saying with a smile "you're so patient" and later referred to me as "a diamond in the rough."

In short, if I hadn't been prepared via your System, I KNOW there's no way I would've been able to keep this one, Doc.

Thanks a million.
Spartan in training,
James P.S.

If any of your students are looking for date ideas, I've got two that have been real winners.

One idea is to take her to the zoo and plan a picnic. This REALLY boosted her interest level. Another idea is to take her to a music concert of some sort.

The girl I'm seeing enjoys jazz music, so I found a hole in the wall club and took her there.

Another simple date idea that really raised interest level. Also, for the guys with a flexible giver that wants to cook for them, BE SURE TO BRING A NICE BOTTLE OF WINE!

That's all I got, Doc.

Thanks again!